



CAMPER PACKING CHECKLIST

NOTE: Campers should be limited to

- **1 small suitcase** or duffle bag (that can be carried), and
- **1 large garbage bag for sleeping bag and pillow. *All items should be marked with camper's name.**

DON'T FORGET MEDICATION

PERSONAL ITEMS:

- Toothbrush; Toothpaste
- Bar of soap in container
- Shampoo
- Comb and/or hairbrush
- Lip Balm; Sunscreen
- Insect repellent
- Deodorant

CLOTHING:

- 8** t-shirts
- 2** long sleeve shirts
- 6** pairs of shorts
- 3** pairs of jeans/pants
- 10** pairs of underwear
- 10** pairs of socks
- 2** sweatshirts or sweaters
- Swim suit + beach/pool towel
- Rain gear
- Baseball cap or visor
- 2** pair pajamas
- 1** pair of athletic shoes
- 1** pair of shower shoes (flip flops or water socks)

BED AND BATH:

- Sleeping bag
- Pillow with two pillowcases
- Plastic sheets, if needed
- Two bath towels, two washcloths
- Fitted twin size sheet

MISC. ITEMS (If there are any issues of incontinence, please pack accordingly)

- Stationary and pen
- Stamped/addressed envelopes
- Tissue
- Laundry bag

MANDATORY ITEMS:

- Water bottle with holder or canteen (Very Important)**
- Flashlight + batteries**

OPTIONAL ITEMS (CAMPERS ARE RESPONSIBLE FOR THESE ITEMS & WILL BE HELD RESPONSIBLE IF LOST/MISPLACED)

- Camera
- Books/magazines
- Sunglasses

PROHIBITED ITEMS:

- ✘ WEAPONS OF ANY KIND**
- ✘ FOOD OR CANDY**
- ✘ GUM**
- ✘ MOBILE PHONES**
- ✘ MATCHES/LIGHTERS**
- ✘ VALUABLES SUCH AS, BUT NOT LIMITED TO:** ANY hand-held devices such as video games, radios/tape players, iPods, etc. expensive watches or jewelry, etc.

Camp Candlelight and the Epilepsy Foundation of Arizona will not accept responsibility for loss of any personal items.

DRESS CODE:

- ✘ NO inappropriate or obscene t-shirts
- ✘ NO crop tops or shirts revealing midriffs
- ✘ NO spaghetti strap tops
- ✘ NO sagging pants or under garments revealed

***The staff reserves the right to restrict inappropriate clothing.**

MONETARY ALLOWANCE: No more than **\$20 TOTAL** should be provided.

COSTUME/THEME DAY SCHEDULE:

- ☆ Monday, May 27 - Support your favorite team on **SPORTS DAY!**
- ☆ Tuesday, May 28 - Get patriotic on **RED, WHITE & BLUE DAY!**
- ☆ Wednesday, May 29 - Breakout the neon/80s-style clothes on **80s NEON DAY!**
- ☆ Thursday, May 30 - Be your favorite character on **SUPERHERO/DISNEY DAY!**
- ☆ Friday, May 31 - Show your support for epilepsy on **PURPLE DAY!**